

	Room A	Room B	Room C	Room D
Saturday				
9:30 am - 10:45 am	Tim Walsh	Wayne Horodowich	Sarah Krueger	Karl Kohagen
	Chart Reading 101	Capsize Recoveries & Rescues- Which ones are best for you?	Kayak & Canoe Camping Without a Trace	Dressing for Paddling
11:00 am - 12:15 pm	Andy Bridge	Wayne Horodowich	Ken Campbell	Jason Goldstein
	Paddle Design	The Ins and Outs of surf Zone	Sea Kayaking: Getting Started	A Kayak Guides Tips, Tricks & Tours
12:15 pm - 1:00 pm	LUNCH			
1:00 pm - 2:15 pm	George Gronset	Wayne Horodowich	Ken Campbell	Suzy Cornell
	Paddling in Win	Planning A Group Trip	Sea Kayaking the San Juan Islands	Conditioning for Kayakers
2:30 pm - 3:45 pm	Barb Sherrill and Dubside	Wayne Horodowich	Gary Luhm	Dik Lang
	Alone, Boatless or a Commando Kayaker? Guide to the best WWTU Urban Paddles.	Your boat, body and blade	Kayak, Camera, Sea: Photo Tips in the Skinny (Boat)	Repair of Fiberglass and Plastic Kayaks
4:00 pm- 5:15 pm	Dan Henderson	Andree Hurley	Pat Welle	Annette Dong
	Efficient Kayak Forward Stroke	Tides and Currents	Sea Kayaking the Inland Northwest and Lower Columbia River	Lift, carry and load your boat
Sunday				
11:15 am - 12:30 pm	Tim Walsh	Pat Welle	Karl Kohagen	Jeff Renner

	Chart Reading 101	Sea Kayaking the Inland Northwest and Lower Columbia River	Dressing for Paddling	NW Marine Weather
12:30 - 1:15 pm	LUNCH			
1:15 pm - 2:30 pm	Bill Walker	Timothy Mattson	Steve Weileman	Matthew Ross
	Building good karma to get the most from your local paddle shop	The Science of Kayaking	Sound to Sea	Kayak Packing
2:45 pm - 4:00 pm	Barb Sherrill and Dubside	Timothy Mattson	Kathleen Grimbly	Suzy Cornell
	Alone, Boatless or a Commando Kayaker? Guide to the best WWTAs Urban Paddles.	Greenland Style Paddling	Yoga Therapy for Pain & Injury Prevention	Conditioning for Kayakers
4:15 pm - 5:30 pm	Dan Henderson	Sarah Krueger	Matthew Ross	Kathleen Grimbly
	Becoming a More Powerful Kayaker - with Applications for Activities of Daily Living	Weekend Trips on Washington's Water Trails	Risk Assessment	Yoga for Yakers: No Pretzels